

Creating a Comprehensive Center of Excellence for Persons with Multiple Sclerosis in a Private Practice



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BACKGROUND

Multiple Sclerosis is a chronic neurological disease requiring a lifetime of coordinated care. As a large private neurology practice managing hundreds of patients with Multiple Sclerosis (MS), we recognized the need to develop a comprehensive, patient-centered program that would coordinate care long term for the patient with MS. Literature reviews, discussions with key MS opinion leaders, networking with established MS Centers, partnering with national MS support and self-help groups, and attending the Linda Morgante MS Nurse leadership program along with the CMSC annual meeting were strategies utilized to develop the framework for the MS Center of Excellence at Texas Neurology.

METHODS

Clinical staff committed to our mission to develop our MS Center of Excellence was assembled. The MS team included physicians, advanced practice providers, an MSCN, CMAs, social work, neuropsychologist, psychometrist, Infusion Clinic RNs, MRI technologists, EEG technologists, Sleep technologists, Clinical Research Coordinators, dietitian, and community (in-patient and out-patient) PT/OT/Speech programs. Ongoing MS team meetings were structured to identify strategies to develop structured, layered patient education modules, neuropsychological screening/evaluations/treatments, psychosocial case management, rehabilitation service management, and current disease and symptom management.

COMPREHENSIVE MS CARE

- Patient-centric
- Collaborative care coordination
- Holistic and individualized
- Improved access to health care services and resources
- Optimize patient self-management and empowerment
- Promote quality of life

OBJECTIVE

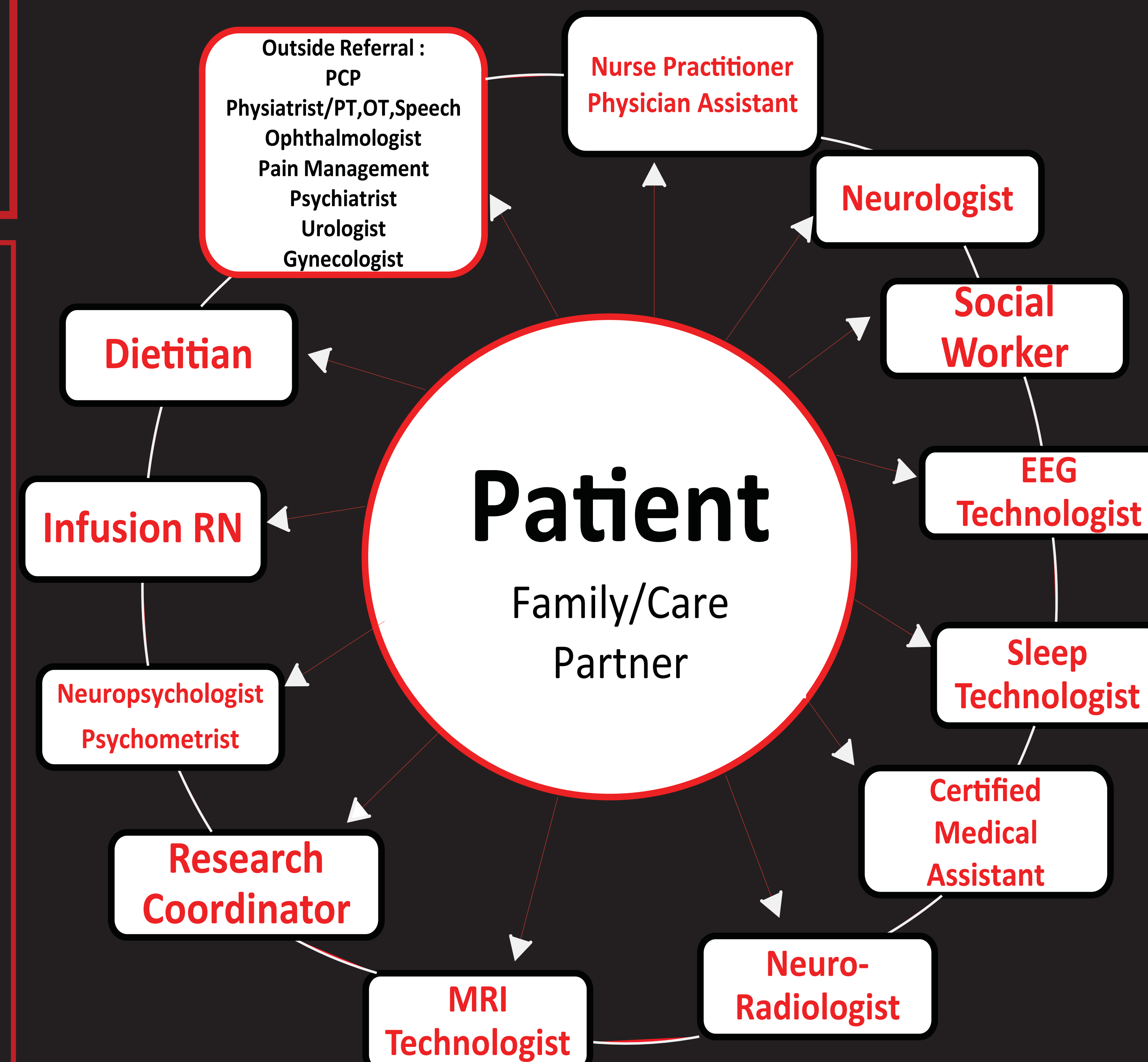
To create a comprehensive Center of Excellence that would coordinate ongoing care for the MS patient.

RESULTS

Comprehensive, coordinated care will be delivered to the patient with Multiple Sclerosis utilizing a multidisciplinary long term health management approach. A high level of satisfaction will be recognized by the patient receiving care at the MS Center of Excellence at Texas Neurology. Additionally, the clinical staff will report satisfaction working as a team meeting the comprehensive, coordinated needs of the patient with Multiple Sclerosis.

CONCLUSION

Patients with MS require comprehensive, coordinated care throughout their lifetime. The development of an MS Center of Excellence will provide a collaborative team to partner with the MS patient to achieve quality of life goals and overall wellness.



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